**First Responder Mental Health Services Amendments**

During the 2022 Utah legislative session, [new protections were created for first responders](https://le.utah.gov/~2022/bills/static/HB0023.html). All entities within the state that employ first responders must provide or make available mental health resources to first responders, spouses, children, and retired first responders.

* First responder agencies include local district, municipality, interlocal entity, or other political subdivisions that employ a first responder to provide fire protection, paramedic, law enforcement, or emergency services
* “Mental health resources” means:
* an assessment to determine appropriate mental health treatment that is performed by a therapist,
* outpatient treatment by a mental health therapist, or
* peer support services provided by a peer support specialist who is qualified to provide substance use/mental health disorder services

Click [here](https://blomquisthale.com/) to visit the Cache County Employee Assistance Program (EAP) to schedule an appointment. Or visit blomquisthale.com.